

AVOID LASER CORNEA EYE SURGERY AND OTHER CORNEA SURGERIES. LASER AND OTHER CORNEA EYE SURGERIES CAUSE EYE HEALTH IMPAIRMENT, UNCLEAR VISION, A VARIETY OF VISION PROBLEMS INCLUDING BLINDNESS

Eye surgeons advertise expensive cornea surgery to improve the clarity of distant and close vision but are not required to warn the patient about all of the side effects the surgery causes. The eye surgeon does not tell the patient the truth; that many different types of vision impairment and blindness can, has and will occur due to cornea laser surgery.

A woman on a television news show described how laser cornea surgery has caused her to be blind at night and in low light. She cannot go outside at night due to extreme glare, halos from lights. Other vision impairments have developed, unclear daytime vision, reading vision. This condition is permanent. The woman says the cornea surgery has ruined her life.

In 2008 - Television news broadcast - a father telling about how his son was so depressed, his life miserable due to the incurable eye problems, near blindness, eye pain he suffered caused by laser cornea eye surgery. The son committed suicide.

Many people have impaired vision due to cornea surgery.

Read Laser surgery side effects warning - FDA; www.fda.gov Click medical devices, lasik.

See YouTube videos on eye/vision impairment caused by lasik.

Type in 'laser surgery, suicidal patients'. <http://www.youtube.com/watch?v=976O9G6Dno0>

Also see website, YouTube videos: www.lasikcomplications.com

Many patients are developing cataracts after laser cornea surgery.

Some of the side effects of laser and other cornea surgeries are;

The surgery destroys, weakens the cornea's structure. Part of the cornea is permanently removed.

Cornea injury, ulcers, scars, infection in the cornea and eye, waves, uneven and torn areas in the cornea and other impairments occur resulting in; vision less clear than it was before surgery at close and far distances, double, triple vision, astigmatism, dizziness, cloudy, dull vision, haze, spots in the visual field, impaired tolerance to light and large halos, glare from indoor lights, from sunlight and from lights at night resulting in night blindness and low daylight vision.

The peripheral field of vision is lowered and the central field becomes unclear.

Increased cornea structure impairment occurs. Many people have become blind right after the surgery or a short time into the future after the surgery. The permanently weakened cornea is easily injured and the person must avoid certain activities, sports, climates, altitudes... for life. Even a soft touch of the hand, a blanket, sleeve... to the cornea can injure it. Cornea injury can occur from a light blow to the body, head. Pilots, various government, military persons and people in certain occupations are not allowed to have cornea surgery.

Some surgery results in clearer than 20/20 vision but this is temporary and the clarity of vision goes below 20/20 in a short time. Most people still need eyeglasses after cornea surgery.

Cornea surgery causes the eyes to feel tired and the clarity of vision to lower during the day and become more unclear at night. Most cornea surgery patients need permanent use of eyeglasses at night and in dim light. The eyeglasses then cause and increase eye muscle tension, abnormal eye/cornea shape and vision impairment resulting in eyeglass prescriptions for the day and night at close and far distances. More vision impairment occurs and stronger and stronger eyeglass prescriptions are prescribed causing increased eye muscle tension, abnormal eye shape with pulling, stretching, tension on/in the eye, cornea. The surgically weakened cornea develops waves, tears, ulcers. Multiple eye problems develop. Cornea transplants and other eye surgeries are needed.

The eyes cornea and lens absorb/control the amount of sunlight and UV light that enters the eye, protecting the eye from over exposure to sunlight, UV light. Cornea surgery; removing part of the cornea destroys this natural eye function. Cornea surgery leaves the cornea, iris/pupil, lens, retina overexposed to sunlight/UV light and overexposed to unhealthy partial spectrum artificial light.

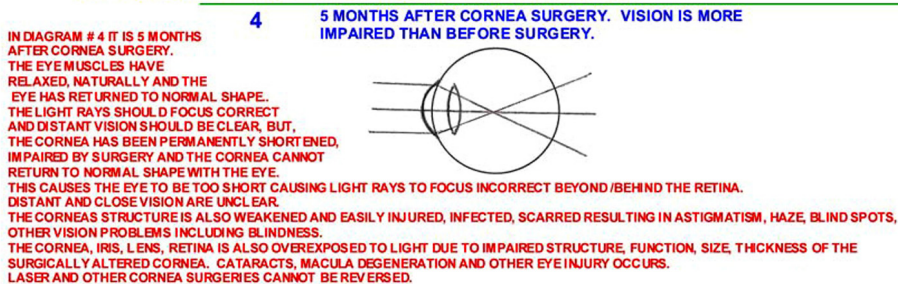
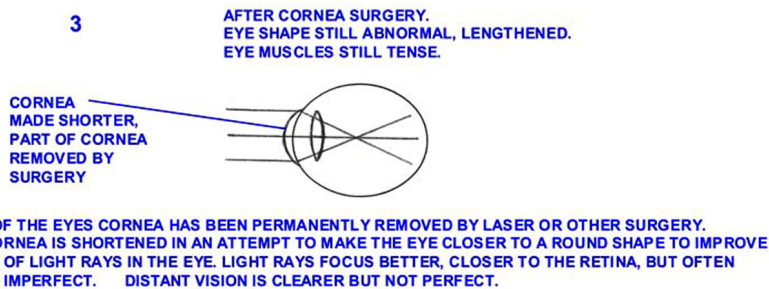
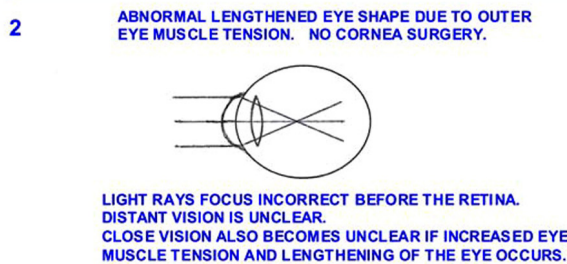
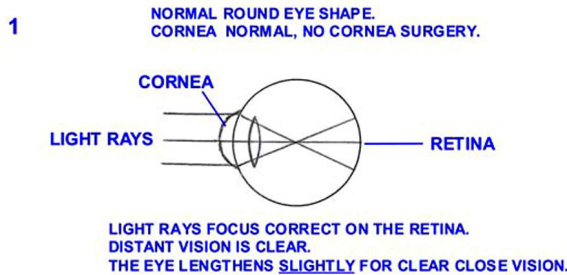
This can result in impaired eye health, damage to the cornea, lens, retina... causing pupil malfunction, cataracts, macula degeneration, and other retina damage, unclear vision and other eye problems, including blindness.

Abnormal pupil enlargement in sunlight, artificial light and in dim light occurs. This also causes a abnormally large amount of sunlight and unhealthy partial spectrum light to enter the eyes.



DANGERS OF LASER AND OTHER CORNEA EYE SURGERIES

LASER AND OTHER CORNEA EYE SURGERIES CAUSE CORNEA INJURY, UNCLEAR EYESIGHT AND OTHER EYE PROBLEMS



Eye muscle tension causes abnormal eye/cornea shape, incorrect focus of light rays in the eye and unclear vision. See picture # 2.

Natural Vision Improvement relaxes the eye muscles and returns the eye/cornea to normal shape with correct focus of light rays in the eye with clear vision at close and far distances without use of surgery, eyeglasses. The cornea remains whole, strong and healthy. See picture # 1.

A normal round eye shape, relaxed eye muscles keeps normal pressure/circulation in the eye, retina, lens, cornea... resulting in healthy eyes and prevention of cataracts, macula degeneration, glaucoma and other eye problems.

Contact lenses also impair the shape and health of the cornea.
Read more in the introduction, beginning of this book.

This causes the eye problems listed above. Cornea surgery impairs the eyes natural tolerance to sunlight and artificial light. The eyes hurt, are sensitive in all types of light. This causes the person to wear sunglasses, tinted and UV blocking eyeglass lenses which are addictive, cause and increase vision impairment, close and distant blur, and causes more abnormal pupil enlargement, further impairs the eyes tolerance to light. The enlarged pupil increases the eyes exposure to unhealthy partial spectrum light that passes through the sunglasses, tinted, UV blocking lenses.

All eyeglasses, contact lenses; plain, tinted, UV blocking, dark, colored...cause partial spectrum light to enter the eyes, brain, body, cause abnormal pupil enlargement and impair the eyes tolerance to light.

The sunglasses, tinted, UV blocking lenses also block out full spectrum sunlight causing a constant flow of unhealthy partial spectrum sunlight and even more unbalanced partial spectrum artificial light to enter the

eyes, brain, body. Health and function of the eyes, brain, body become impaired. Cataracts, macula degeneration, detached retina and other eye problems occur. Sunglasses, tinted, UV blocking lenses and plain eyeglasses cause and increase vision impairment resulting in prescriptions for eyeglasses.

The cornea and lens refract, bend, focus light rays in the eyes. Cornea - 80% Lens - 10%. Removing part of the cornea by surgery impairs the cornea's natural focus of light rays.

Outer eye muscle tension can cause an abnormal eye/cornea shape with incorrect focus of light rays in the eyes and unclear vision. When the eye muscles relax due to natural causes; relief of stress and mental strain, improved diet and health, good posture, relaxation of the neck., use of Natural Eyesight Improvement; Correct Vision Habits, relaxation... the eye returns to normal shape with correct focus of light rays and clear vision.

(Correct Vision Habits and other Natural Eyesight Improvement states can occur automatically, without the person learning, consciously using Natural Eyesight Improvement because; it is the normal function of the eyes. The visual system always returns the eyes to normal correct function.)

Cornea surgery does not correct the cause of unclear vision. Cornea surgery does not relax tense eye muscles, does not remove; stress, mental strain, use of Incorrect Vision Habits, does not return the eye to normal shape, does not remove abnormal pressure, tension, pulling, stretching on/in the eye, retina, lens, cornea, does not improve circulation to, in the eye.

Example; the eye surgeon cuts off part of the eye's cornea in an attempt to make the shape of the eye closer to a normal round shape with better focus of light rays in the eye for clearer distant vision. (see picture)

If, in the future, after cornea surgery, the eye muscles relax due to natural conditions; relief of stress, strain, improved diet, health, better job, life situation... using the eyes correct with relaxation, Correct Vision Habits, Natural Eyesight Improvement, correct posture, relaxed neck and other natural causes and the eye returns to normal shape; the surgically altered, impaired cornea will be too flat and cannot return to normal shape and function with the eye. This causes the eye to be too short.

(see picture 4) Focus of light rays in the eye are now more impaired than before surgery. Light rays focus beyond the retina resulting in unclear close and distant vision.

The weakened, impaired cornea stretches, pulls, experiences tension, pressure as it tries to return to normal shape with the eye. This causes the cornea to develop waves, uneven areas, ulcers. Infection in the cornea and eye, scars occur resulting in unclear vision, astigmatism, blind spots, large halos, glare from lights and other eye problems.

The cornea also changes shape with the eye when the eye lengthens slightly when looking at close distances and returns to a round shape when looking at far distances. The surgically weakened, impaired cornea will not be able to change shape perfectly with the eye-the cornea will stretch, pull, develop waves, uneven areas causing blur, astigmatism, glare and other eye problems.

It is normal for the shape of the eye and cornea to change, fluctuate slightly and this can occur often; within a second, minute, hour, day...causing the clarity of vision to fluctuate slightly and temporarily; clear, little less clear and back to clear. A surgically altered cornea will cause the temporary state of less clear vision to be increased. The vision is much more unclear.

When the cornea is normal, not altered by surgery, temporary states of less clear vision are slight and are usually not noticed. The clarity of vision always fluctuates back to normal when eyeglasses, surgery are avoided.

Natural Eyesight Improvement keeps the vision clearer than 20/20; to 20/15, 10, 5, 40/20...

When temporary fluctuations of clarity occur, vision goes from 20/5, 20/10 to 20/15, 20/20, occasionally to 20/30, 40 and then returns back to clearer than 20/20.

Vision rarely goes less clear than 20/20, 20/30.

Cornea surgery does not remove the underlying cause of unclear vision; does not remove eye muscle tension, mental strain, use of Incorrect Vision Habits, neck tension... and abnormal eye shape.

After cornea surgery eye muscle tension may increase, causing the shape of the eye to become more abnormal. This will also impair focus of light rays in the eye and result in unclear eyesight.

(Example; cornea surgery was done for an eye that is abnormally lengthened. The eye surgeon cut, shortened the shape of the cornea to fit that specific eye shape. If, after surgery, the eye muscle tension and abnormal

eye shape increases: the surgically altered cornea will not fit the eye, cannot change shape with the eye.) Increased pulling, stretching on the cornea occurs resulting in cornea injury and vision impairment as described previously.

Wearing eyeglasses after cornea surgery will increase the eye muscle tension, abnormal eye shape (increased lengthened, shortened, irregular shape), vision impairment and cornea, eye injury. Stronger and stronger lenses are prescribed causing more vision impairment.

(Contact lenses must never be worn after cornea surgery because the contacts easily injure and infect the weakened cornea. Contacts cause injury even to a healthy, strong non-surgically altered cornea.)

The same side effects occur due to cornea surgery to steepen, (raise, lengthen) the cornea in an attempt to improve close vision and altering the shape of the cornea to treat astigmatism.

All these surgeries involve permanently removing part of the cornea, removing a healthy, normal part of the eye. This is poor medical practice, breaks a medical law: 'Do not harm, destroy healthy tissue'.

Notice that cornea surgery applied in an attempt to obtain clearer distant vision is done to make a lengthened eye more round and, that, cornea surgery to obtain clearer close vision is done to make a shortened eye longer but; eye doctors, surgeons refuse to admit that a abnormally lengthened or shortened eye/cornea shape is caused by outer eye muscle tension and that the eye muscles can be relaxed naturally with Natural Eyesight Improvement enabling the eye, cornea to return to normal shape with clear close and distant vision, thus avoiding cornea eye surgery.

(Cornea surgery is necessary sometimes for treating a eye cornea injury, possibly infection... if other, preferably natural methods, cannot save the eye, vision.)

Natural Eyesight Improvement (no glasses, no surgery) relaxes the eye muscles and returns the eye to normal healthy shape with clear vision at all distances.

Natural Eyesight Improvement may improve the clarity of vision by relaxing the eye muscles if the eye muscles have become more tense after cornea surgery, but may result in less clear vision if the eye muscles completely relax and returns the eye to normal shape because the surgically impaired cornea will not be able to return to normal shape with the eye.

Increased eye muscle tension, further impairing the shape of the eye, cornea also can result in more vision impairment after cornea surgery. See Article below: (After contact lens warning pages.)

CONTACT LENSES CAUSE EYE INJURY

Cornea injury and vision impairment occur often due to wearing of contact lenses;

It is normal for the shape of the eye/cornea to change often, naturally, on its own. The shape of the eye/cornea can change, fluctuate in a second, minute, hour, day... It is impossible to prescribe a exact size/fit for contact lenses because the size, shape of the cornea is always changing. The contacts will never fit the cornea and will scrape, infect, injure, scar the cornea and eye.

Contact lenses enable bacteria, and a variety of germs to grow on the cornea and on/in the eyes. Contact lens solutions often contain bacteria, viruses and other contaminants that cause frequent cornea/eye infection and can and has caused blindness, loss of the infected eye.

ORTHO-KERATOLOGY; Fitting the eyes corneas with contact lenses that are a different size/shape than the cornea, to be used as braces on the corneas to try to force the cornea to change shape in an attempt to remove close and distant blur, astigmatism results in frequent cornea injury.

Because Natural Eyesight Improvement causes the shape of the eye and cornea to change as the eye muscles relax and the eye/cornea returns to normal shape; contact lenses must never be worn before, during and after use of Natural Eyesight Improvement - the contacts will not fit the changing cornea shape.

Never wear contacts at night, during sleep; the shape of the eye/cornea changes during sleep. The contacts will injure the eyes corneas during sleep. Any injury to the cornea can result in infection which can go into the eye and cause cornea/eye damage, vision impairment and blindness.

The eye, cornea changes shape often, a natural, normal function, with or without Natural Eyesight Improvement. This makes it impossible to prescribe a correct contact lens size.

ORTHO C-ORTHOLOGY - A new method using contact lenses to force the cornea, lens, eye to change shape, force some eye muscles to become tense, stretch, and other eye muscles to un-contract in a abnormal state. This is unnatural and dangerous. People selling this method warn the patient that there are risks; cornea, eye infection, injury, permanent damage, abnormal eye and eye muscle function, dependence on the method and other eye, vision impairment. Avoid these and all unnatural methods.

The Bates Method teaches that all the eye muscles must relax, function together, contracting and un-contracting in a coordinated, relaxed state. The eye, cornea, lens returns to normal shape on its own.

Contact lenses impair the shape of the eyes cornea causing a uneven cornea shape and astigmatism. A uneven cornea is easily scraped, injured by contact lenses.

Contact lenses must not be worn when the cornea/eye contains astigmatism.

Astigmatism is caused by a uneven area in the cornea and abnormal eye/cornea shape.

The degree, type, shape, and placement of the astigmatism/abnormal eye/cornea shape/wave causing the astigmatism changes frequently.

Contact lenses will never fit the changing cornea shape.

Contacts often injure the cornea that contains astigmatism.

Contact lenses impair tear production, coating of tears over the eyes/corneas, cause abnormal pupil enlargement, impair tolerance to light, block oxygen, nutrient flow to the cornea. The cornea becomes dry, weak and injured. All contact lenses; soft, flexible, night wear... cause eye injury and act as eyeglasses causing increased vision impairment leading to prescriptions for stronger and stronger contact lenses and eyeglasses. Contact lenses impair; balance, coordination, blinking, shifting and other Correct Vision Habits. Contact lenses completely block out all full spectrum sunlight causing the eyes, brain, body to be constantly exposed to unhealthy partial spectrum light. UV blocking, tinted and colored contacts cause light to be more unbalanced and increase abnormal pupil enlargement.

Eyeglasses allow some full spectrum sunlight to enter around the edges of the frames.

No eyeglasses is best.

Avoid all cornea surgeries, contact lenses and eyeglasses.

Use natural eyesight improvement to relax the eye muscles and return the eye, cornea to normal shape with correct focus of light rays in the eye, clear eyesight at all distances and healthy eyes.

The Bates Method of Natural Eyesight Improvement cures many different eye problems. Natural Eyesight Improvement relaxes the outer and inner eye muscles causing the eye, cornea, lens to return to normal healthy shape, function. This condition along with neck muscle relaxation, movement improves circulation in the eye and normalizes eye pressure. This can reverse and cure glaucoma, cataracts and other eye problems.

(If taking drugs, eye drops to lower eye pressure to treat glaucoma, check with your eye doctor. As Natural Eyesight Improvement normalizes eye pressure, the drug may have to be reduced or discontinued.) Check with your Ophthalmologist if you have had or are going to have any eye surgery or are being treated with drugs for a eye condition and let him/her know you plan to apply Natural Eyesight Improvement. Most eye doctors prefer to sell surgery, drugs, eyeglasses and contact lenses. Find an eye doctor that teaches the Bates Method of Natural Eyesight Improvement and prefers to avoid surgery, drugs, eyeglasses, contacts.

Avoid Sunglasses. Sunglasses cause eye sensitivity to light, lowers natural light tolerance, lowers, impairs use of sunlight by the eyes, brain, body, causes watering, burning eyes, eye infections, sties, unclear vision, cataracts, and other eye diseases, impairs vitamin D and other nutrient absorption, hormone balance, sleep cycle and other functions. Sunglasses cause unbalanced, partial spectrum light to enter the eyes, brain, body. Sunglasses block healthy full spectrum sunlight.

Impairment of the health and function of the eyes, eye muscles, lens, retina, brain, left and right brain hemispheres and body occur due to lack of full spectrum sunlight and exposure to the unhealthy, unbalanced light entering the eyes through the sunglasses.

Natural Vision Improvement After Unsuccessful Eye Cornea Surgery - Is it Safe? Can it Reverse the Cornea Damage, Vision Impairment Caused by the Cornea Surgery?

Often, people that have had eye cornea laser surgery or other cornea, eye surgery to replace eyeglasses, contact lenses develop unclear vision, astigmatism, light sensitivity and other types of eye, cornea, vision impairment. This can occur immediately after the surgery or weeks, months, a year or more after surgery. They ask if Natural Vision Improvement-The Bates Method can restore the vision?

The cornea, in some ways is like the human liver and skin; there are cases that prove it has repaired itself. Eyes with cornea injuries, scars may repair naturally, the cornea heals similar to the way the skin heals from a cut, and clear vision returns. See Dr. Bates' *Better Eyesight Magazine* pdf. Type the word 'scar' using the search tool. Cornea surgery removes part of the cornea, weakening it. The cornea might repair itself after surgery if Natural Vision Improvement is used, but this is not definite. The cornea might be able to re-grow, return to full normal thickness, strength and shape or may not. Example;

Natural Vision Improvement relaxes tense eye muscles and returns the eyes' shape to normal, but; this might interfere with the surgically altered cornea which has been formed by the surgery to work with an abnormal eye shape, abnormal eye function, with tension... existing at the time of the surgery. Cornea surgery, alteration, removal of part of the eye's cornea is done to match the abnormal eye shape, state of eye muscle tension causing the abnormal eye shape existing at the time of the surgery. The eye and muscles must remain in this abnormal shape, state, tension for the eye to see clear through the surgically altered cornea. A surgically altered cornea is like an eyeglass lens constructed for a specific abnormal eye/vision state. If the shape, state of the eye, muscles changes; becomes more impaired or improves; the eye can no longer see clear through that eyeglass lens prescription. Eyeglass lens strength can be changed; increased, reduced to match a new eye shape, state. BUT; a surgically altered cornea cannot be changed. Some surgeons attempt this resulting in much more cornea, eye, vision impairment.

Natural Vision Improvement might help the cornea rebuild its structure and work correct with the eye producing clear vision as the Natural Vision practice returns the eye to normal shape, or; The improved eye shape occurring from practice of Natural Vision Improvement might pull on the surgically altered, weakened cornea, as the weakened cornea unsuccessfully tries to change shape with the eye as the eye changes back to normal shape. This can result in impaired cornea function; waves, tears in the cornea, blur, streaks, astigmatism, pain..., possible blindness.

After the cornea surgery a patient can develop increased eye muscle tension 'from the prescription in the cornea surgery' (which will increase abnormal eye shape). Or; less muscle tension might occur, relaxation might set in due to conscious or *automatic* Natural Vision practice/the vision, eyes' true function occurring *on it's own* (which changes the shape of the eye to a normal shape). As the surgically altered cornea tries to reform itself to fit the changing eye shape, this results in unclear vision;

Eye muscles more tense=more impaired eye shape=more impaired cornea shape=blur.

Eye muscles less tense, relax=eye shape returns to normal, but; the cornea cannot return to normal shape with the eye=cornea and eye do not fit/work together=blur.

If the surgically altered cornea can return to normal shape with the eye, without tension, injury; then the vision will be clear. If the surgically altered cornea cannot return to the normal shape to fit the changing eye shape; vision will be unclear and astigmatism, other vision impairment can occur.

The right amount of practice of the Bates Method *might* help the eye/cornea stay within a workable state; the right amount of balance, amount of eye muscle relaxation with improved eye shape, but not too much all at once,- and then, *if* the cornea can rebuild itself, in the future it might be able to fully, safely change shape with the eye into a state of complete, perfect eye/cornea shape, perfect-entire eye muscle relaxation and clear vision. Healing a cornea scar, injury is different than trying to replace, rebuild a section (piece) of the cornea that has been removed due to laser... surgery.

If a cornea surgery patient is getting clearer vision with Natural Vision Improvement and does not feel, see any problems with the cornea, vision; it might be ok, beneficial to continue the practice. If the cornea feels like it is pulling, stretching... or the vision starts to become blurry, astigmatism... occurs; take a break, *stop* practicing Natural Vision Improvement for a while and let the cornea have a chance to catch up to the improvement in eye shape.

Check with your eye doctor, get an eye, cornea exam (preferably by a Bates Method Ophthalmologist) FIRST before starting and returning to the Natural Vision Improvement practice.

Be aware that the visual system applies Natural Vision Improvement *even if you have never heard of, studied, practiced it*. This is due to it being the normal function of the eyes, vision, brain. Also; the eye changes shape with the lens when it looks close (accommodates) and far (un-accommodates). This could also affect a surgically altered cornea.

Another thing which may occur; If the prescription in the cornea created by the surgery causes increased eye muscle tension, more abnormal eye shape, blur (as eyeglasses do); A little bit of Natural Eyesight Improvement practice might relax the eye muscles just enough to return the muscles, eye back to the state, shape they were in when the surgery was done. Not a perfect state, shape but better. Then the vision might be as it was after the surgery. If it was clear back then, it might be clear now. But; just a bit of Natural Vision practice might cause the visual system to apply it 100%, completely relax the eye muscles, and produce a perfect eye shape. Then, the surgically altered cornea will not fit the improved eye shape.

Fluctuations in the vision are normal for everyone (people with clear and unclear vision); *clear, bit less clear, then back to clear*. During Natural Vision Improvement practice; some slightly double, triple... 'astigmatism like effect' images can occur as the vision is improving, the brain causing all eye muscles to relax, coordinate, eyes/cornea reversing back to normal shape, clear vision. It is harmless, indicates improvement is occurring. It clears up quickly with continued relaxation and Natural Vision practice. But; for a surgically altered cornea; this may not indicate a problem with the cornea, or; it could be a sign of cornea tension, pulling, injury occurring as the cornea tries to change shape with the eye's changing shape.

The cornea and lens protect the eye from over-exposure to sunlight. When the cornea is weakened, parts removed due to laser... surgery; the cornea, eyes' natural protection, tolerance to sunlight is impaired. I do not know if 'Sunning' is safe if the eyes have been treated with cornea surgery. Possible over-exposure can occur due to the weakened/surgically altered cornea. Also; If the cornea does not get some natural full spectrum sunlight, it will not stay healthy and growth, repair may be blocked. *The entire eye needs sunlight to remain healthy*. Closed Eyes Sunning only and some open eyes sunlight exposure by taking a walk outside daily wearing a hat with a brim, worn on and off may help. Check with your eye doctor first.

Combining cornea surgery with Natural Vision Improvement IS a RISK; vision impairment can occur. The BEST choice is to AVOID CORNEA SURGERY! If you had the surgery and want to try Natural Vision Improvement; work with a Bates Method Ophthalmologist. The eye doctor must monitor the eye, cornea, vision condition before, during and after practice of Natural Vision Improvement.

Is Practicing Natural Vision Improvement After Cataract Surgery Safe, Effective?

The lens' structure is different than the cornea, and because the lens is attached to the eye similar to but different than the cornea; if it has been treated with surgery, it may or may not be affected adversely when the eye changes back to normal shape with application of Natural Vision Improvement. Most cataract are caused by outer and inner eye muscle tension, abnormal eye shape, eyeglasses, contact lenses, lasik, drugs.

Also; When the lens changes shape with the eye as the eye changes shape to produce accommodation, un-accommodation when looking close and far; this function might be affected by the surgery. (At this time most artificial lens placed in the eye after cataract surgery cannot change shape.) Will the lens adjust to work with the eye, or can it be harmed as a surgically altered cornea can? Is a artificial or altered lens more easily injured, displaced? Note; modern eye doctors proved Dr. Bates and other doctors are correct; the eye and lens change shape together (like a camera) when looking close and far, adjusting to different distances.

Cornea surgery is done to change the cornea's shape to fit an abnormal eye shape.

Cataract surgery is done to remove part of or the entire lens to remove a cataract.

Dr. Bates writes about people that have had cataract lens surgery, then obtaining clear vision, accommodation, un-accommodation with The Bates Method of Natural Vision Improvement. See Dr. Bates' *Better Eyesight Magazine* for cataract surgery and Bates Method treatment results after the surgery, and Bates Method treatment to reverse, remove cataracts naturally *without cataract surgery*.

The cornea and lens absorb, control the amount of sunlight that enters the eye, lens; protecting the eye from over-exposure, sunburn. Removing part of the cornea, lens impairs this function. This can affect the cornea, iris/pupil muscle, pupil reaction to light and dark, the lens, retina and light traveling to the brain.